

NEWSLETTER JUNE 2025



CHANGE STARTS SMALL—BUT IT REACHES FAR

This month, Snehdhara reached places where help is often missing—narrow lanes of slum communities, busy factory clusters, crowded government hospitals, and quiet homes for the forgotten.

We carried warmth in the form of donated clothes to families living with very little. We served hot meals to daily-wage workers who often finish long days on an empty stomach. We stood by new mothers in government hospitals with baby kits, offering simple items that made a big difference. We spoke to women about periods—openly, with respect—and handed out sanitary pads without shame. And we continued our regular support at Anandashram, a home for abandoned men with disabilities, making sure they had diapers, dry rations, and most importantly, dignity. None of this is big in size. But it's big in meaning. Because in all these moments, what we truly give is care. Not just things—but the feeling that someone sees them, someone is there.

At Snehdhara, we believe real change doesn't come from grand speeches or one-day drives. It comes from showing up—again and again—where people are, and meeting their most basic needs with respect and love. With your support, we will keep going. Because together, we're not just giving—we're building something stronger: hope.

CLOTH DISTRIBUTION



At Snehdhara, we believe that every thread has a second life—and every person deserves comfort. Through our cloth distribution drives in the slums of Sector 48, we didn't just hand out clothes—we restored confidence.



In communities where basic needs are a luxury, these garments became symbols of care, dignity, and a circular economy of compassion. Your pre-loved clothes can live on with purpose.



By donating clean, wearable garments, you're not only supporting someone in need—you're also making a conscious, sustainable choice that reduces waste and reinforces our ethos of reuse, recycle, and redistribute.

FOOD DISTRIBUTION



In the heart of Gurgaon's industrial belt, Snehdhara continues to stand beside those who build our cities but are often overlooked. Our fixed meal distributions in Sector 70A brought hot, nutritious food to workers who push through their day without pause.



Every meal served was a quiet act of solidarity—a reminder that no one should be left to hunger in the shadows of progress.



Just ₹30 can fund a full meal. Your small contribution can bring nourishment and respect to someone's table. Help us continue serving where it's needed most—because no one should have to choose between hunger and hard work.

PAD DISTRIBUTION



In one of our most meaningful efforts this month, Snehdhara reached out to women in underserved communities with more than sanitary pads—we brought conversations that break silence.



By creating safe spaces to speak about menstrual health, we are shifting the narrative from shame to strength. It's small changes like these that begin to reshape generations.



Sponsor a menstrual hygiene kit or host a pad collection drive in your neighbourhood. With your support, we can reach more women with both resources and education—because menstruation should never be a barrier to dignity.



BABY KIT DISTRIBUTION



The first few days of a newborn's life should be filled with warmth, not worry. At Civil Hospital, Snehdhara provided new mothers with carefully packed baby kits—each one carrying essentials like towels, napkins, and soft clothing.



In a place where many arrive with nothing, our kits offer more than items—they offer welcome, relief, and a whisper of support when it's needed most.



Donate soft, baby-friendly cloth items or fund a baby kit. Every kit you help provide becomes a small act of reassurance for a family stepping into parenthood with courage but little else.

DIAPER DISTRIBUTION



Snehdhara's ongoing partnership with Anandashram is a reflection of our core belief: no one should be forgotten. For the residents—men living with disabilities and without family—we provide adult diapers and dry ration support.



But beyond the materials, we offer consistency, compassion, and the assurance that someone still stands with them, every single month.



Support our monthly care packs with a small donation. Whether it's a packet of diapers or a kilo of rice, your contribution helps us ensure that the residents of Anandashram continue to live with dignity, comfort, and care.