



# NEWSLETTER

## JULY 2025

### **Small Acts. Big Impact. A Kinder World in the Making.**

**At Snehdhara, we believe real change begins where most people stop looking in forgotten corners, underserved streets, & silent struggles. Every drive we conduct, every visit we make, is a commitment to showing up - not just once, but again and again.**

**This past month, we reached over 2,500 lives through our focused outreach:**

- **Over 1,400 meals distributed in slum areas across two food drives**
- **Ration kits and adult diapers delivered to 70+ residents at Anandashram**
- **Baby kits provided to new mothers at a civil hospital**
- **A drawing competition and 3D printer donation at a government girls' school**
- **Menstrual hygiene education and pad distribution across 5 communities**

**We don't just donate — we engage, we return, and we build trust. Because for us, service isn't a one-time event — it's a sustained relationship. As we grow, so does our hope. If our work speaks to you, help us carry this forward — share, support, or simply start a conversation.**

**Together, we can turn every small act into a wave of change.**





# Food Distribution Drive



This month, we continued our weekly food distribution drives in various slum areas. Each time, we were able to serve hot and nutritious meals to around 700 people.

For many, this was their only proper meal of the day. These drives are not just about food — they are about dignity, care, and the reassurance that someone shows up for them, every week.



**HELP US SERVE MORE PLATES, MORE HOPE.**

more hope. Your small contribution can fill an empty stomach and make someone feel seen. Donate a meal, sponsor a drive, or simply spread the word — it all counts.



# Pad Distribution & Menstrual Awareness



Through our pad distribution drives in slum areas, we reached dozens of women and girls with menstrual hygiene kits.

Our volunteers also conducted interactive sessions to spread awareness, break taboos, and create safe spaces for questions and learning. The goal is not just to provide pads — but to offer dignity and education.



**HELP US END PERIOD SHAME, ONE CONVERSATION AT A TIME.**

Sponsor hygiene kits, conduct awareness sessions in your community, or volunteer to become a menstrual health champion with Snehdhara.



# Baby kit Distribution



At the Civil Hospital, we distributed baby kits to new mothers from low-income backgrounds. These kits included essential items for newborn care and were given to support families during the first crucial days after childbirth.

It's our way of standing by mothers who begin their parenting journey with limited resources.



**JOIN US IN  
WELCOMING EVERY  
NEWBORN WITH  
WARMTH.**

Sponsor a baby kit or help us expand this program to more hospitals and rural health centres. Every mother deserves to feel supported.

# Drawing Competition & 3D Printer Donation



We organized a drawing competition at the Government Girls Middle School in Samaspur Village, encouraging creativity and self-expression among students.

In collaboration with Vizara Tech, we also donated a 3D printer to the school — opening new learning opportunities and introducing the students to creative technology.



**EMPOWER A CHILD THROUGH CREATIVITY AND CURIOSITY.**

Support our education initiatives by contributing learning materials, tech tools, or volunteering to teach — every bit brings us closer to equal access to opportunity.



# Anandashram Outreach



Our team visited Anandashram, a home for elderly and specially-abled individuals, with essential items like adult diapers and ration kits.

We also shared a few moments of joy by distributing laddoos and samosas to the residents. These visits help build a sense of connection and show that even small gestures can bring comfort and dignity to those who need it most.



**BE THE REASON  
SOMEONE SMILES  
TODAY.**

Support our elderly outreach programs with in-kind donations or volunteer time. A little care can go a long way in making them feel remembered and respected.