

Newsletter

September 2025

Snehdhara's September of Care and Compassion

This September Snehdhara continued its mission of serving communities through compassion in action. From addressing basic needs to creating lasting impact, our volunteers touched hundreds of lives across Gurgaon.

We reached 500 women through our Pad Distribution Drive, ensuring dignity and menstrual health. Our weekly Food Distribution Drive brought thousands of warm meals to slum settlements, where familiar faces now gather each Saturday in hope and belonging. At the Civil Hospital, our Baby Kit Distribution Drive supported 350 new mothers and families, giving them essentials to care for their little ones.

Beyond these, our efforts also extended to clothes distribution, a festive food bhandara, and sustainable initiatives like replacing 10,000 thermocol plates with eco-friendly pattals in partnership with Uppal Southend RWA. Each act, big or small, was a reminder that kindness has the power to change lives—and that when we give our time and care, we build a more compassionate world.



Food Distribution Drive



Every Saturday in September, Snehdhara volunteers visited slum areas of Gurgaon to distribute freshly cooked meals. Familiar faces began to gather each week, waiting in hope for a warm plate that brought comfort and connection beyond just nourishment.

Across the month, we served thousands of meals to children, elderly, and daily wage earners who often struggle with food insecurity. For us, each meal is not just food—it is dignity, care, and a promise that no one should be forgotten.



Baby Kit Distribution Drive

Welcoming a new life can be overwhelming for families with limited means. Snehdhara distributed baby kits to 350 new mothers and family members at Civil Hospital. Each kit, filled with essentials like clothes, diapers, and blankets, was designed to ease the challenges of early parenthood.



The relief on the mothers' faces spoke louder than words—reminding us that such support brings both comfort and confidence. By caring for mothers and their newborns, we aim to nurture not just individuals but stronger, healthier families.



Cloth Distribution Drive

Clothing is more than just fabric—it is warmth, dignity, and protection. This month, Snehdhara conducted two cloth distribution drives in slum communities, reaching 200+ families with carefully collected and upcycled clothes. By redistributing what many no longer need, we extended comfort to those who would otherwise struggle to find it.



These drives are also a step towards sustainability. By upcycling and reusing, we reduced waste and promoted conscious giving. Each donated shirt, saree, or blanket carried a story of kindness, proving that sharing resources can directly touch lives and protect the environment.



Pad Distribution Drive

Menstrual health is often neglected, leaving many women without access to basic hygiene. This month, Snehdhara conducted a pad distribution drive in Gurgaon, reaching 500 women with sanitary products. For those who often go without, this small act meant relief, dignity, and the assurance that their needs matter.



The drive was not just about providing pads—it was about starting conversations, breaking silence around menstrual health, & ensuring women feel supported. At Snehdhara, we believe empowerment begins with addressing even the most basic yet vital needs.



Food Bhandara



Festivals are meant to be inclusive, and this September, Snehdhara partnered with Uppal Southend RWA to organize a food bhandara during Ganesh Chaturthi. Thousands of devotees and residents were served wholesome meals, ensuring that the spirit of celebration reached everyone.

In line with our commitment to sustainability, we introduced 10,000 eco-friendly leaf plates to replace thermocol, making the event not just joyful but planet-friendly. This initiative was a reminder that traditions can thrive beautifully when they care for both people and nature.

