

★ Newsletter January 2026



January was a month of warmth, care, and long-term commitment at Snehdhara. As winter set in, our focus remained on meeting immediate needs with dignity through fixed meal distributions, food drives, winter essentials, and menstrual hygiene support across Gurgaon. Each initiative reflected our belief that consistency and presence are as important as the support itself.

Alongside this, SnehPathshala marked a deeper step toward lasting change. In villages of Jharkhand where schools are too far or absent altogether, we continued running local tuition centres to bring education closer to children's homes. Whether through a warm meal, a winter kit, or a classroom within reach, January reminded us that meaningful change happens when care meets access – wherever it is needed most.

January Impact Highlights

- 2 fixed bhandaras conducted in Sector 70, ensuring consistent access to meals
- Food distribution drive held in slum areas of Sector 70
- Winter essentials distributed (caps, gloves, socks) to protect vulnerable individuals
- Sanitary pad distribution drive conducted across Sectors 48 and 70
- SnehPathshala tuition centres running in Jharkhand villages, bringing education closer to children with limited school access
- Hundreds of lives touched through nourishment, warmth, hygiene, and learning



★ Bhandara (Fixed Meal Distribution) Sector 70 ★

January began with the warmth of shared meals. Snehdhara continued its fixed bhandara initiative in Sector 70, with meal distributions held on 3rd and 24th January. These meals offered consistency and comfort to people who depend on reliable food support, especially during the colder months.

For many residents, the bhandara is not just about food – it is about familiarity and care. Seeing the same volunteers, week after week, builds trust and a sense of belonging. Through this ongoing effort, Snehdhara ensures that hunger is met with dignity and compassion.



These drives allowed us to connect directly with communities, listen to their stories, and respond to immediate needs. Each meal served was a reminder that access to food should never be uncertain.



Winter Essentials Distribution Gloves, Caps & Socks



January's cold can be harsh for those without adequate protection. Snehdhara distributed winter essential kits containing gloves, caps, and socks to individuals working and living in exposed conditions, including industrial workers and underserved communities.



This simple yet impactful drive helped protect people from the cold while restoring a sense of care and concern. Staying warm is not a luxury it is a necessity, and this initiative ensured that fewer people had to endure winter unprotected.



Sanitary Pad Distribution Drive Sector 48 & 70



Access to menstrual hygiene remains a challenge for many women. In January, Snehdhara conducted a sanitary pad distribution drive across Sectors 48 and 70, ensuring women had access to essential hygiene products.



The drive focused on dignity, comfort, and health. By meeting this basic need, we continue our effort to support women in leading healthier and more confident lives.



SnehPathshala



In many villages of Jharkhand, education remains out of reach. Schools are often too far away or simply don't exist, making regular learning unsafe or impossible for children. For many, education stops before it begins not due to lack of ability, but because access is missing.



SnehPathshala was created to bridge this gap. By running local tuition centres within villages, we ensure children have a safe place to learn, ask questions, and grow without having to travel long distances. This is slow, quiet work, but it addresses the problem at its root. Through SnehPathshala, we are helping children imagine a future shaped not by limitations, but by opportunity.