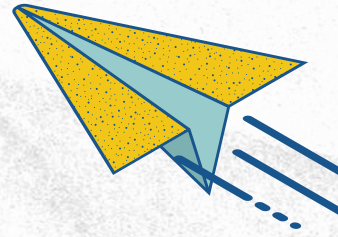


# NEWSLETTER

## April 2026



### Built on Small Efforts

April has been a month of warmth, dignity, and renewed purpose. From caring for our elders at Anand Ashram to sweetening days with laddoos, we chose awareness over noise, reminding ourselves that responsibility begins with small, everyday choices, planting trees of change on Earth Day, and continuing our weekly meals at Labour Chowk. Every act this month has reaffirmed why we do what we do. To every donor, volunteer, and well-wisher: thank you for walking beside us. Your kindness has carried us through another beautiful month.



### Anand Ashram: Restoring Dignity Through Care

This month, we visited Anand Ashram, a home for elderly residents with nowhere else to turn. Along with a warm meal, we delivered adult diapers, an essential but often overlooked need that helps maintain their dignity.

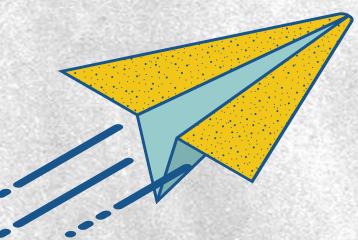
Personal hygiene is a basic part of respect and comfort. By providing these care products, we hope to ease caregivers' burden and bring comfort to our elders. The quiet blessings we received showed us that true compassion often comes in simple acts.

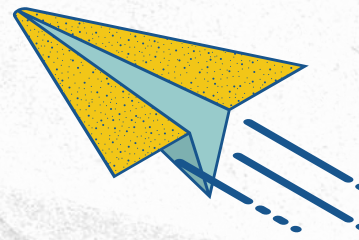
# Laddoos of Love

Sweetness truly grows when shared. This month, as part of our community outreach, we handed out freshly made laddoos to children, elders, and daily wage workers at our project sites. What began as a simple gesture turned into a joyful celebration filled with laughter, stories, sticky fingers, and bright, happy eyes.



For many, a sweet treat is a rare delight. Seeing the pure joy on a child's face with their very first bite reminded us that even the smallest moments of happiness can leave the biggest marks on the heart.





## Earth Day - A Reminder

On April 22, we marked Earth Day alongside the children we support because the planet they will inherit deserves their voice. The day was filled with sapling plantations, lessons on water conservation, and a clean-up activity in the school compound.

Children pledged simple, lasting habits: turning off taps, refusing single-use plastic, and caring for the trees they planted with their own hands. Building empathy for our environment is, in many ways, the same work as building empathy for one another.



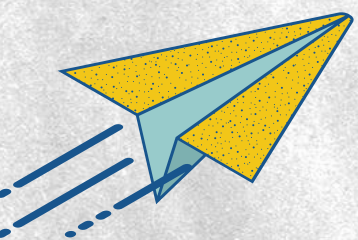
# Food Distribution Drive

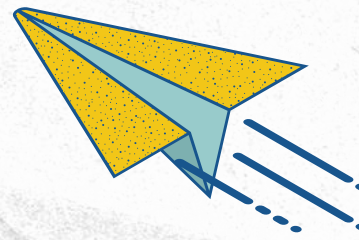
Another Month of Meals

Every week, our volunteers continued their unbroken commitment at Labour Chowk, Sector 37, Gurugram, serving warm, freshly cooked meals to nearly a thousand individuals: daily wage workers, homeless brothers and sisters, and families struggling to make ends meet.



Through every plate, our promise stays the same: no one in front of us should go to sleep hungry.





## Fresh Fruits for Our Workers

This April, we started a fresh fruits drive for the daily wage laborers who gather at Labor Chowk each morning, hoping for work. Along with their meals, we handed out seasonal fruits, small but meaningful bites, to help them beat the heat and fuel their long, hard days.

For many of these brothers, fruits are a rare treat. Seeing weathered hands gently tuck a fruit away “for later, for the children at home” touched us deeply. In those moments, a simple fruit became a quiet act of love, carrying hope back to their families.

